

RISK ASSESSMENT

Risk Assessment of: TIME TRIALS, SHELTERED CANAL

Recorded By: Carole MAIN

Date: 10.10.25 COACH: CAROLE MAIN,

Who is at risk? TUTOR, PARTICIPANTS. OTHER WATER USERS. ALL WATER SPORTS ARE ASSUMED RISKY. ALL PARTICIPANTS ARE MADE AWARE OF THIS & ACCEPT THE RISKS VIA THE MEMBERSHIP FORM

Hazards (please Specify)	Existing Control Measures (Please specify if present)	Residual Risk Level (insert values and multiple score)			Further Action Necessary (against each point)	Date Complete By (name)
Water - drowning / injury	Briefing beforehand, coaches present	Low			All participants to attend full safety briefing First aid and aiders on site. Kits in BA store and clubhouse Defib info and Wi-Fi in clubhouse Report any incident / accident in accident report in BA store cupboard	11.10.25 c main
Equipment -BA's, SUP, leash, paddles	All inspected by coach prior to session All briefed to wear properly fitted BA's /leashes at all times SUPers to wear helmets	Low			All participants to be informed in briefing. Have BA checks, footwear, helmets,	11.10.25 c main
Grassy / muddy banks - slipping	All briefed and prepared and requested to help each other		Medium		Coaches always on alert and fully trained in rescue and first aid	11.10.25 c main
Manual handling	All briefed / coached on correct lifting/ assisting others	Low			All participants to be informed in briefing to assist others – even at the detriment of their own trial.	11.10.25 c main

Collisions with other users – on water or tow path	All briefed on watching, informing others, rules of waterway, polite interaction – fishermen. Note of dangers where canal narrows and turning point	Low			All participants to be informed in briefing Paddlers to keep right Shout warnings if appropriate Be polite! Paddlers set of in 1-minute intervals – paddlers warmed up at start	11.10.25 c main
Pre-existing health issues	In briefing to inform (publicly or quietly) before entering the water	Low			If anyone feels unwell during the session, to leave the water and inform coach	11.10.25 c main
Medical emergency	1 st aid kit present in the club house All emergency numbers collected and shared with consent Phones carried by coach	Low			Coach first aid trained. All participants instructed on calling for help – shout and, if available, phone. The number of participants is counted at the start and at the end. Anyone leaving early is instructed to inform the coach running the session.	11.10.25 c main
Infection after session – Weils / blue green algae	All informed of Weils disease in safety briefing and advised on action. Hands to be cleaned after session Cancel or move session for algae	Low			On close of session 'everyone ok? No one hurt/ everyone feels well? '	11.10.25 c main
Weather / changes in weather	Pre and dynamic risk assessment throughout. All briefed about suitable clothing for the weather and session	Low			Prepare to cancel at any time before and during In the event of thunder / lightening, get off the water, and get under cover	11.10.25 c main
ENDORSED BY	Carole MAIN 10.10.25					