



Document Revised	April 2026
Next revision date	April 2027

## **HEALTH AND SAFETY POLICY STATEMENT**

Shropshire Paddlesport is strongly committed to encouraging our members to take part, but the health, wellbeing and safety of each individual is always our paramount concern.

We recommend the level/nature of training and activities to be dependent on age and ability, and expect our members to participate within these boundaries.

### **HEALTH AND SAFETY POLICY:**

To support our Health and Safety policy statement we are committed to the following duties:

- Undertake regular, recorded risk assessment of the club premises and all activities undertaken by the club.
- Create a safe environment by putting health and safety measures in place as identified by the assessment.
- Ensure that all members are given the appropriate level of training and engage in activities/competition commensurate with the individual's ability depending on age, maturity, and development.
- Ensure that all members are aware of, understand and follow the club's health and safety policy.
- Appoint a competent club member to assist with health and safety responsibilities in the role of Club Health and Safety Officer.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all members.
- Provide access to adequate first aid facilities, telephone and a qualified first aider at all times.
- Report any injuries or accidents sustained during any club activity or whilst on the club premises and keep a record of all such incidents.
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.

### **AS A CLUB MEMBER YOU HAVE A DUTY TO:**

- Take reasonable care for your own health and safety and that of others who may be affected by what you do or not do.
- Cooperate with the club on health and safety issues, respect club rules and policies.

- Correctly use all equipment provided by the club.
- Not interfere with, or misuse, anything provided for your health, safety or welfare.

### **CLUB HEALTH AND SAFETY OFFICER:**

Is elected each year at the Annual General Meeting

### **LOCATION OF FIRST AID FACILITIES:**

There is a First Aid Box that contains a number of First Aid kits and the Accident Book in the Buoyancy Aid store. There is also a First Aid kit upstairs in the kitchen area.

### **QUALIFIED FIRST AIDERS:**

All qualified coaches and leaders above Paddlesport Instructor (PSI) are required to have up-to-date First Aid. Some PSIs are First Aiders.

SPS H & S Officer