



Shropshire Paddlesport

Saturday Morning Briefing

- Welcome
- Has everyone signed in
- Deep water.
- Please wash your hands after paddling. There are a few diseases which are rare but if you feel unwell or experience flu like symptoms then speak to a medical practitioner and say that you have been paddling on a canal. There is advice on Leptospirosis/Weil's Disease on the notice board.
- BA's mandatory.
- 2 people lifting canoes and heavy kayaks.
- Any defective equipment inform a coach. No blame policy, we just need to fix it.
- Dress appropriately.
- Lockers for valuables / electrical items.
- Clean and return boats / equipment at the end of the session.
- Introduce coaches and the activities they will be coaching.
- Members should stay with their children at all times. Any parents wanting to paddle elsewhere on the canal must agree this with the child and the child's coach.
- You must tell your coach of any medical conditions or any factors that may affect your ability to get on, off or out of the water or which might affect your paddling.
- Any Club announcements.
- Any questions.

Coaches to take people away and give them a specific brief on the activities they will be coaching before getting boats and equipment out.